



You **MUST** stay off of all antihistamines for 72 hours **unless** otherwise instructed **BELOW in RED** prior to your Allergy Skin Testing. Please consult the list below, as some medications may need to be avoided for a longer period of time. If you are taking an **Antidepressant**, medication to help you **sleep**, or medication for your **blood pressure, glaucoma, or migraines**, you will need to contact the Allergy Dept for further instructions @ (317) 926-1056 EXT 303.

Some supplements also have an effect on skin testing. Please discontinue use of any of the following items for at least 72 hours prior to your test:

Vitamin C, Licorice, Green Tea, Black Tea, Saw Palmetto, St. John's Wort, Feverfew, Milk Thistle, Astragalus, Grape Seed Extract, Ginger, Horny Goat Weed, Butterbur, Goldenseal, Bromelain, Quercetin, Stinging Nettle, Elderberry, Eyebright, Ginkgo, Jewelweed, Papaya, Basil, Parsley, Chamomile, Saffron, Fennel, Echinacea, Essential Oils

ACTIFED 3-4 DAYS
ADAPIN 12 DAYS
ALKA SELTZER PLUS
ALLEGRA
ALLERCHLOR 3 DAYS
ALLEREST
ALLERHIST 10 DAYS
ANTIVERT 7 DAYS
ASTELIN 7-10 DAYS
ASTEPRO 7-10 DAYS
ATARAX (HYDROWXZINE HCL) 10 DAYS
ATROHIST
AZATADINE MALEATE
B C COLDS
BENEDRYL 3-4 DAYS
BREXIN
BROMFED (ALL TYPES)
BROMPHENIRAMINE MALEATE
CALM-AID 3 DAYS
CARBOXINOXAMINE MALEATE
CEROSE-DM
CETIRIZINE 7-10 DAYS
CHERACOL PLUS
CHERACOL SINUS
CHLO-AMINE 3 DAYS
CHLORTRIMETON 3 DAYS
CHLORAFED
CHLORPHENRAMINE MALEATE
CHLORPROMAZINE
CLARINEX 7-10 DAYS
CLARITIN (& Claritin D) 7 DAYS
CODIMOL (ALL TYPES)
COMHIST
COMPAZINE
COMPOZ 3 DAYS
COMTrex
CONTACT (ALL TYPES)
CORICIDIN (ALL TYPES)
CYPROHEPTADINE HCL

D A CHEWABLE
DA II
DAYQUIL
DECONAMINE
DESLORATADINE 7-10 DAYS
DEXBROMPHENIRAME
DIMETANE(ALLTYPES)
DIMETAPP
DIPHEDRYL 3DAYS
DIPHENHYDRAMINE 3DAYS
DORCOL
DOXEPIN
DRISTAN (ALL TYPES)
DRIXORAL 3 DAYS
DURA VENT DA
EFFIDAC
EXTENDRYL
FEDAHIST
FEXOFENADINE
4-WAYCOLDTABLETS
GENAHIST 3 DAYS
HISMANAL -6 WEEKS
HYCOMINE COMP.
HYDRAMINE
HYDROXYZINE HCL
HYDROXYZINE -PAMOATE
ISOCOLOR
KRONOFED
LORATADINE 7 days
MEDIFLU
MIDOL
MIZOLASTINE
NALDECON
NOLAHIST
NOLAMINE
NOVAFED A
NOVAHISTINE DH
NU-MED 3 DAYS

NYQUIL
NYTOL 3 DAYS
OPTIMINE
OPTIVAR
ORNADE
ORTHOXICOL
PAMPRIN
PBZ
PEDIACARE
PERIACTIN 7 DAYS
PHENERGAN 7 DAYS
PHENINDAMINE MALEATE
PHENINDAMINE TARTATE
PHENYLTOLOXAMINE CITRATE
POLARAMINE
PREMYSN PMS
PROMETHAZINE
PROMETHAZINE 3 DAYS
PROREX
PYRILAMINE MALEATE
PYRROXATE
QLEARQUIL
QUELIDRINE
QUINTADRILL 10 DAYS
REZINE 10 DAYS
RIDRAMAN 3 DAYS
ROBITUSSIN NIGHT RELIEF
RONDEC
RU-TUSS (ALL TYPES)
RYNA
RYNATAN
RYNATUSS
SCOT-TUSSIN
SELDANE 10 DAYS
SEMPREX D
SINAREST
SINE-OFF
SINGLET
SINUBID
SINULIN
SINUTAB

SOMINEX 3 DAYS
SUDAFED PLUS 3 DAYS
TAVIST 3 DAYS
TELDRIN
TEMARIL
TERFENADINE
THERA FLU
TOFRANIL
TRIAMINIC (ALL TYPES)
TRIAMINICIN
TRIMEPRAZINE TARTRATE
TRINALIN 3 DAYS
TRIPLENNAMINE HCL
TRIPROLISINE HCL
TUSSEN D
TUSSIONEX
TWILITE 3 DAYS
TYLENOL (ALLERGY, SINUS)
TYLENOL COLD TABS
TYLENOL PM 3 DAYS
UNISOM 3 DAYS
VICKS CHILDREN'S NYQUIL
VICKS FORMULA 44
VISTANIL
VISTARIL CAPS & SUSPENSION
XYZAL 7-10 DAYS
ZONALON 12 DAYS
ZYRTEC (& ZYRTEC D) 7-10DAYS
ZZZQUIL

EYE DROPS:

ALOMIDE
LIVOSTIN
OPTIVAR
PATANOL
EMADINE
PATADAY
PAZEO
ELESTAT
NAPHCON-A (OTC)
OPTRON-A (OTC)
VISINE (& VISINE A) (OTC)

Nasal Sprays: The nasal sprays listed below must be stopped 7-10 days prior to your allergy test:

Patanase
Dymista
Astepro
Astelin

PREDNISONE SHOULD NOT BE TAKEN THE DAY OF ALLERGY TESTING
SINGULAIR MAY BE CONTINUED
PLEASE CONTINUE ALL ASTHMA MEDICATIONS...