



You **MUST** stay off of all antihistamines for 72 hours **unless** otherwise instructed **BELOW in RED** prior to your Allergy Skin Testing. Please consult the list below, as some medications may need to be avoided for a longer period of time. If you are taking an **Antidepressant**, medication to help you **sleep**, or medication for your **blood pressure, glaucoma, or migraines**, you will need to contact the Allergy Dept for further instructions @ (317) 926-1056 EXT 303.

Some supplements also have an effect on skin testing. Please discontinue use of any of the following items for at least 72 hours prior to your test:

Vitamin C, Licorice, Green Tea, Black Tea, Saw Palmetto, St. John's Wort, Feverfew, Milk Thistle, Astragalus, Grape Seed Extract, Ginger, Horny Goat Weed, Butterbur, Goldenseal, Bromelain, Quercetin, Stinging Nettle, Elderberry, Eyebright, Ginkgo, Jewelweed, Papaya, Basil, Parsley, Chamomile, Saffron, Fennel, Echinacea, Essential Oils

ACTIFED 3-4 DAYS
ADAPIN 12 DAYS
 ALKA SELTZER PLUS
 ALLEGRA
 ALLERCHLOR 3 DAYS
 ALLEREST
ALLERHIST 10 DAYS
ANTIVERT 7 DAYS
ASTELIN 7-10 DAYS
ASTEPRO 7-10 DAYS
ATARAX (HYDROWXZINE HCL) 10DAYS
 ATROHIST
 AZATADINE MALEATE
 B C COLDS
BENEDRYL 3-4 DAYS
 BREXIN
 BROMFED (ALL TYPES)
 BROMPHENIRAMINE MALEATE
 CALM-AID 3 DAYS
 CARBOXINOXAMINE MALEATE
 CEROSE-DM
CETIRIZINE 7-10 DAYS
 CHERACOL PLUS
 CHERACOL SINUS
 CHLO-AMINE 3 DAYS
 CHLORTRIMETON 3 DAYS
 CHLORAFED
 CHLORPHENRAMINE MALEATE
 CHLORPROMAZINE
CLARINEX 7-10 DAYS
CLARITIN (& Claritin D) 7 DAYS
 CODIMOL (ALL TYPES)
 COMHIST
 COMPAZINE
 COMPOZ 3 DAYS
 COMTrex
 CONTACT (ALL TYPES)
 CORICIDIN (ALL TYPES)
 CYPROHEPTADINE HCL

D A CHEWABLE
 DA II
 DAYQUIL
 DECONAMINE
DESLORATADINE 7-10 DAYS
 DEXBROMPHENIRAME
 DIMETANE(ALLTYPES)
 DIMETAPP
DIPHEDRYL 3DAYS
DIPHENHYDRAMINE 3DAYS
 DORCOL
 DOXEPIN
 DRISTAN (ALL TYPES)
 DRIXORAL 3 DAYS
 DURA VENT DA
 EFFIDAC
 EXTENDRYL
 FEDAHIST
 FEXOFENADINE
 4-WAYCOLDTABLETS
 GENAHIST 3 DAYS
HISMANAL -6 WEEKS
 HYCOMINE COMP.
 HYDRAMINE
 HYDROXYZINE HCL
 HYDROXYZINE -PAMOATE
 ISOCLOR
 KRONOFED
LORATADINE 7 days
 MEDIFLU
 MIDOL
 MIZOLASTINE
 NALDECON
 NOLAHIST
 NOLAMINE
 NOVAFED A
 NOVAHISTINE DH
 NU-MED 3 DAYS

NYQUIL
 NYTOL 3 DAYS
 OPTIMINE
 OPTIVAR
 ORNADE
 ORTHOXICOL
 PAMPRIN
 PBZ
 PEDIACARE
PERIACTIN 7 DAYS
PHENERGAN 7 DAYS
 PHENINDAMINE MALEATE
 PHENINDAMINE TARTATE
 PHENYLTOLOXAMINE CITRATE
 POLARAMINE
 PREMYSN PMS
 PROMETHAZINE
 PROMETHAZINE 3 DAYS
 PROREX
 PYRILAMINE MALEATE
 PYRROXATE
 QLEARQUIL
 QUELIDRINE
QUINTADRILL 10 DAYS
REZINE 10 DAYS
 RIDRAMAN 3 DAYS
 ROBITUSSIN NIGHT RELIEF
 RONDEC
 RU-TUSS (ALL TYPES)
 RYNA
 RYNATAN
 RYNATUSS
 SCOT-TUSSIN
SELDANE 10 DAYS
 SEMPRES D
 SINAREST
 SINE-OFF
 SINGLET
 SINUBID
 SINULIN
 SINUTAB

SOMINEX 3 DAYS
 SUDAFED PLUS 3 DAYS
 TAVIST 3 DAYS
 TELDRIN
 TEMARIL
 TERFENADINE
 THERA FLU
 TOFRANIL
 TRIAMINIC (ALL TYPES)
 TRIAMINICIN
 TRIMEPRAZINE TARTRATE
 TRINALIN 3 DAYS
 TRIPLENNAMINE HCL
 TRIPROLSINE HCL
 TUSSEN D
 TUSSIONEX
 TWILITE 3 DAYS
 TYLENOL (ALLERGY, SINUS)
 TYLENOL COLD TABS
 TYLENOL PM 3 DAYS
 UNISOM 3 DAYS
 VICKS CHILDREN'S NYQUIL
 VICKS FORMULA 44
 VISTANIL
 VISTARIL CAPS & SUSPENSION
XYZAL 7-10 DAYS
ZONALON 12 DAYS
ZYRTEC (& ZYRTEC D) 7-10DAYS
 ZZZQUIL

EYE DROPS:
 ALOMIDE
 LIVOSTIN
 OPTIVAR
 PATANOL
 EMADINE
 PATADAY
 PAZEO
 ELESTAT
 NAPHCN-A (OTC)
 OPRON-A (OTC)
 VISINE (& VISINE A) (OTC)

Nasal Sprays: The nasal sprays listed below must be stopped 7-10 days prior to your allergy test:

Patanase
Dymista
Astepro
Astelin

PREDNISONE SHOULD NOT BE TAKEN THE DAY OF ALLERGY TESTING
 SINGLAIR MAY BE CONTINUED
 PLEASE CONTINUE ALL ASTHMA MEDICATIONS...